The Humanity of Jesus

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Throughout my life and ministry I have advocated that Christ not only gave us the message of the Gospels, but he also gave us the method of creating a movement of multiplication. Understanding the “real Jesus” in the NT is foundational to understanding how we too can create a movement of multiplication, since Jesus Himself told us to do what He has done (John 14:12).

The Gospels reveal to us Christ’s life and how to live like Jesus and to make disciples who can make disciples. Acts shows us how to multiply that disciple-making ministry. The Epistles give us insight into how to deepen and maintain that ministry long-term. Christology defines our missiology and our missiology defines our ecclesiology. In other words, understanding the real Jesus and how He lived His life helps us understand our mission and our understanding of how the Church is to function.

“Imitate me, as I imitate Christ” was Paul’s conviction (1 Cor. 11:1)

“Christ suffered for you, leaving you an example, that you should follow in His steps”, challenges Peter (I Pet. 2:21).

“If any man claims to be in Christ, he must walk as Christ walked” (I John 2:6).

As you intensely study Christ’s life you will find that there are over 400 commands or imperatives in the Gospels. All but two are recorded in the last eighteen months of Jesus’ ministry. During His first two years of ministry Jesus gives only these commands to his followers:

- Repent (Mark 1:15, Matt. 4:17)
- Follow (John 1:43, Mark 1:17, 2:14, Matt. 4:19)

Why? Jesus knew that before his disciples could “do ministry” with the right motives they would have to know who He was. A proper understanding of who Jesus is was foundational to all growth and maturity in the faith.

This paper will focus on the fact that Jesus was fully God and fully man because this is essential to understanding the “real Jesus” of the NT. Theologians call this the “hypostatic union.” In this paper I want to address the critical question, “What does it mean that Jesus was fully human?”

We will begin by answering a series of questions that speak to His humanity.

APPENDIX 2: THE HUMANITY OF JESUS
Was Jesus fully human?
As you study Scripture it is easy to establish the truth that Jesus was fully human. Hebrews 2:17 tells us “he was like us in all ways.” Other passages in the life of Jesus demonstrate this truth. Some of them are:

- He was conceived (Matt. 1:18; Luke 1:31)
- He was born (Matt. 1:16, 25, 2:2, Luke 2:7, 11)
- He partook of our flesh and blood (John 1:14; Heb. 2:14)
- He was circumcised (Luke 2:21)
- He increased in wisdom and stature (Luke 2:52)
- He wept (Luke 19:41; John 11:35)
- He hungered (Matt. 4:2; 21:18)
- He thirsted (John 4:7; 19:28)
- He slept (Matt. 8:24; Mark 4:38)
- He became weary (John 4:6)
- He was a man of sorrows (Isaiah 53:3-4; Luke 22:44; John 11:33; 12:27)
- He was buffeted (Matt. 26:67; Luke 22:64)
- He endured indignities (Luke 23:11)
- He was scourged (Matt. 27:26; John 19:1)
- He was nailed to the Cross (Luke 23:33; Ps. 22:16)
- He died (John 19:30)
- He was pierced in His side (John 19:34)
- He was buried (Matt. 27:59-60; Mk. 15:46)
- He was resurrected (Acts 3:15; 11 Tim 2:8)
- He shared in our humanity, made like us in every way (Heb. 2: 14, 17)
- He was made in human likeness (Phil. 2:7)

It is quickly clear as one reads the New Testament that Jesus shared in our humanity and was like us in all ways (except for our sinfulness).

Why did Jesus become fully human?
In a quick and yet profound way, Hebrews 2 tells us why Christ needed to be fully human. In Hebrews 1 the emphasis is upon Jesus’ deity, but in chapter 2 the emphasis shifts to His humanity.

When God became flesh and dwelt among us becoming flesh was not a handicap or a mark of inferiority, but a conscious choice on God’s part to become that God-man (second Adam) from heaven (1 Cor 15:47) - God taking on flesh. As a result, Christ became the author and perfecter of our faith. In Hebrews 2 the writer lists four results of His humanity.

A. His humanity enabled Jesus to regain man’s lost dominion (Heb. 2:5-9)

Man was created a little lower than Elohim (Ps 8:5) and had dominion over the earth (Gen. 1:26-28; Ps. 8:4-6) but lost that dominion as a result of the Fall (Heb. 2:8). Jesus, by becoming man and suffering death, was ultimately crowned with glory and honor - He regained what man once had and lost. Christ, now at the right hand of God rules over all (Eph. 1:20-22) and we together with Him (Eph. 2:46) will reign with Him (Rev. 2:26-27; 3:21).

B. His humanity enabled Jesus to bring many sons to glory (Heb. 2:10-13)

By Christ’s suffering and death Jesus became the author of our salvation (Heb. 2:10). He made us holy through His perfect holiness and is not ashamed to call us brothers. He regained for us the life and position that man had lost.

C. His humanity enabled Jesus to disarm Satan and deliver us from the fear of death (Heb. 2:14-16)

By His death and resurrection Jesus “destroyed” the devil! (Heb. 2:14). Satan once “had” (past tense) the power of death, but no more (Rom. 8:37-39).
D. His humanity enabled Jesus to be a sympathetic High Priest (Heb. 2:17-18)

Because Jesus was appointed and sent by God (Heb. 5:1) and was made like us in every way He became a faithful and merciful High Priest (Heb. 2:17). He was tempted in every way, yet without sin (Heb. 4:15) and thus is able to deal gently with those who are ignorant and going astray (Heb. 5:2). Because of this we can go before His throne with confidence to receive mercy and find grace to help in our time of need (Heb. 4:16).

How did Christ become fully human?

In what is called the Kenosis Passage, Philippians 2:5-11, we get a glimpse into how this “hypostatic” union came about. The Greek word “morphe,” which means very “nature” or “substance,” is used in both verses six and seven. Verse six refers to the nature of God and verse seven refers to the nature of man. This Jesus, “being in the very nature God (morphe) did not regard equality with God something to be grasped, but made Himself nothing, taking the very nature (morphe) of a servant, being made in human likeness.”

In considering this hypostatic union Charles Ryrie writes, “This concept of the union of the divine and human natures in one person is probably one of the most difficult concepts to comprehend in theology.” [250]

He concludes that every major theological heresy can, in one way or another, be traced to a distorted or faulty view of this hypostatic union. This is important!

To understand this issue, we must look back at church history to understand how this doctrine developed. There were five major challenges to the doctrine of Jesus being fully God and fully man.

1. Ebionism: Denial of the Divinity of Jesus

One of the earliest, and in some ways, simplest of misconceptions about Jesus was a movement known as Ebionism. They denied the divinity of Jesus. Among the new converts to Christianity were a number of Jews. Judaism held to a strong monotheism. Initially this seemed very polytheistic to the new converts. Justyn Martyr (ca. 100-165) spoke of two types of Ebionites, as did Eusebius (ca. 260-340).

2. Docetism: Denial of the Humanity of Jesus

Docetism, which denied the humanity of Jesus, was a more formidable threat to early orthodox Christianity. Docetism was the belief that Jesus was not genuinely human, that He merely “seemed” or “appeared” to possess human nature. This teaching arose very early and was probably the object of the apostles’ rebuttal in 1 John. Gnosticism found its roots in this school of thought. Early on, Ignatius fought this way of thinking, insisting that Jesus “was really born, and ate, and drank, was really persecuted by Pontius Pilate, was really crucified and died, and really rose from the dead” (Ignatius, Epistle to the Trallians 9).

3. Arianism: Denial of the Full Divinity of Jesus

Soon to follow came Arianism. This doctrine denied the full divinity of Jesus. This problem found its root in understanding of the Trinity. Their conclusion was that Jesus could not have been of the same nature as His Father and thus had to be created by the Father as first born of many creations. Arianism made Jesus more than human, but less than fully God. The Council of Nicea in 325, called by Alexander, condemned Arianism. However, the debate continued for years. Athanasius (ca. 293-373) became the major spokesman against Arianism.
4. Apollinarianism: Denial of the Full Humanity of Jesus

On the other side of the spectrum came Apollinarianism which denied the full humanity of Jesus. This view held that Christ had just one nature and that that nature was predominantly divine. Jesus was not really a man but only appeared to be such. This view was quickly condemned by Orthodoxy at the Council of Rome in 377 A.D. because it undermined the complete effectiveness of Christ’s salvation. The most famous phrase in the refutation of Apollinarianism was that of Gregory of Nazianzus, “What has not been assumed cannot be restored; it is what is united with God that is saved.” (Gregory of Nazianzus-Epistles 101) This view was critical in that if Christ did not assume the whole of human nature the effectiveness of his redemptive work was undermined.

5. Nestorianism: Two Natures and Two Persons

Nestorian complicated this debate by saying that Jesus really had two natures and thus became two separate and distinct persons. Eutychius sought to correct this view by uniting these two natures into one person with a third nature. Both of these views were soundly rejected as a hybrid, neither divine nor human, or as having humanity that was swallowed up or overpowered by divinity. Cyril, on June 7, 431, presented twelve anathemas for these views along with condemning Nestorius.

Council of Chalcedon: The Orthodox Statement

These challenges were addressed at the Council of Chalcedon in 451 A.D. with a statement on the deity and humanity of Christ, which has stood the test of time. This lengthy response of our church fathers took three basic actions.

1. They reaffirmed the Nicene Creed as expressive of orthodoxy.
2. They rejected both Nestorianism and Eutychinism.
3. Finally, they adopted a statement of their own, which was to be the standard of Christological orthodoxy for many years to come. “Thus it not only settled the immediate issues under contention, but also summed up the earlier decisions in one comprehensive statement” (Erickson 65).

The Chalcedon statement reads:

“We, then, following the holy Fathers, all with one consent, teach men to confess one and the same Son, our Lord Jesus Christ, the same perfect in Godhood and also perfect in manhood; truly God and truly man, of a reasonable [rational] soul and body; con substantial [co-essential] with the Father according to the Godhood, and con substantial with us according to the Manhood: in all things like unto us, without sin; begotten before all ages of the Father according to the Godhood, and in these latter days for us and for our salvation, born of the Virgin Mary, the Mother of God according to the Manhood; one and the same Christ, Son, Lord, Only-begotten, to be acknowledged in two natures, in confusedly, unchangeable, indissolubly, inseparably, the distinction of natures being by no means taken away by the union, but rather the property of each nature being preserved, and concurring in one Person [prosopon] and one Subsistence (hypostasis), not parted or divided into two persons, but one and the same Son, and only begotten, God the Word, the Lord Jesus Christ, as the prophets from the beginning (have declared) concerning him, and the Lord Jesus Christ himself has taught us, and the Creed of the holy Fathers has handed down to us” (Schaff 62-63).
The phrase “two natures without confusion, without change, without division, and without separation” became the defining phrase. In other words, we must attribute to Jesus that He is both fully God and fully man. We must not mingle the human and divine so that we end up with Jesus being neither human nor divine. And, we must not dissect Christ so that there are two persons in one being. The phrase “two natures without confusion, without change, without division, and without separation” has stood through the years as the definitive test of orthodoxy from that time until now.

Philip R. Johnson writes, “The fact is that every heresy that has ever surfaced with regard to the Person of Christ either fuses or separates the deity and the humanity of Christ. Chalcedon declared that the two natures can be neither merged nor disconnected. Christ is both God and man. Truly God and truly man.”

Philippians 2 gives us a glimpse of how the Word became flesh and dwelt among us—how God and man were united into this God-man, Jesus.

Verse six tells us that Jesus, “who being in the very nature God did not regard equality with God something to be grasped (clutched).” Now let me ask you a question, who is equal to God? The answer to that question can only be what Paul is driving at - only God is equal to God and Jesus was God. But incredibly, we are told in verse 7 that Christ” emptied himself” or “made himself nothing” taking the very nature of a servant! How did God add humanity to His deity? Some would argue that Christ gave up His deity to take on humanity, or gave up parts of His deity at least temporarily. But that is wrong - Christ didn’t give up His deity - He was fully God and fully man. For Jesus, who was omniscient and omnipresent, something drastic had to happen to become fully human.

Philippians 2:7 tells us what happened. “God made himself nothing, taking the very nature of a servant.” God chose to temporarily cloak His deity, to veil it in order that His humanity could find full expression. By adding humanity he chose temporarily to restrict the full expression of His deity.

Imagine with me for a moment a king who rules a vast kingdom. This king had everything - servants who waited upon him, a rich wardrobe, and vast banquets for every meal. Everything that he ever desired was brought to him. One day as he was surveying his kingdom he observed beggars in the street. He felt pity and wanted to help them. The King decided that to really help these homeless people he needed to become like them. While still remaining King, retaining every right, authority, and all the riches, he took off his royal garments and put on the clothes of a beggar. Then he left his castle and went to the streets to live like a beggar. He lived exactly as they lived, begging for food and sleeping in the cold streets. People passed by, mocking and spitting on him. The King suffered greatly. As King, he could have called for his army at any time to retaliate against those people who treated him unjustly. He chose not to. He could not do that and fully experience life as a beggar. The homeless can’t call for the royal army to protect them. To fully experience the beggar’s life he laid aside, not his kingdom or kingship, but the use of the rights that were his as king. The King added a beggar’s life to his royal life.

This is a picture of what the incarnation is all about. Christ, who is eternal God, became flesh and dwelt among us. Though he was rich, for our sakes He became poor, that through him, we who were poor might become rich.
What does it mean that Jesus was fully human?

Haddon Robinson in Leadership (Fall, 1997) states that most errors in preaching are not made in the exegesis of the text, but in the application of the text to life. With this caution in mind I want to seek to apply these truths carefully to our lives. I’ve come to three conclusions in studying the hypostatic union:

CONCLUSION #1: JESUS DID NOT HAVE TO DIP INTO HIS DEITY TO LIVE OUT HIS HUMANITY.

If Jesus had used His deity to live out His humanity He would not have been fully human. He would have been less or more (depending upon your perspective) than human. Instead, He “shared in our humanity” (Heb. 2:14) and “He had to be made like His brothers in every way” (Heb. 2:17).

What a profound thought! Jesus, with His sinless nature throughout His earthly life, experienced all of life as we do. He did not utilize His divine power to live out his human life on earth. Jesus was that second Adam who lived in a world filled by sin, greed, lust, and pride, just like us. And yet He did not sin. Adam lived in a perfect world and chose to sin, passing down a sinful nature. Jesus came into a sin-soaked world and always chose obedience, ultimately purchasing for us and passing down to us a righteous eternal life (Rom 5:12-19).

From the first minute of His life all the way to his last minutes on the cross, Jesus, in reverent submission to His Father, obeyed Him in all aspects! Amazingly, He did this without dipping into His deity to live out that humanity!

To fully understand this is to better understand the temptations of Jesus. In the wilderness Satan tempted Jesus to dip into His deity by turning the stones into bread to meet His personal needs. Jesus resisted, saying, “man does not live by bread alone.” Peter in Matthew 16, becomes a major stumbling block to Jesus when he suggests Jesus doesn’t need to go to the cross. Jesus then tells his disciples, “If anyone would come after Me, he too must deny himself...” (Matt 17:23-24).

At this point, most people begin to question this concept and say, but what about...? Let’s look at those “what about” issues. I’ve listed three:

1. What about Nathanial?

“How do you know me?” Nathanial asked. Jesus answered “I saw you while you were still under the fig tree before Philip called you.” - John 1:48

Doesn’t this statement by Jesus prove His divinity? Surely that proves He used His supernatural powers of deity!

Not necessarily.

Remember that Jesus grew up in the area where Nathanial lived. He could have easily seen Nathanial on several other occasions under the fig tree before Philip called him. Or perhaps the Spirit of God again “showed Jesus” (John 5:20) what He was doing. This was a work of the Spirit, which is also promised to guide us into all truth and to show us what the Father is doing. (John 14:15-21) Or Jesus could have seen him earlier that day sitting under the fig tree. There could be a number of explanations outside of Jesus using His divinity.

2. What about his miracles?

Surely Christ’s miracles are proof that Jesus used His deity. Jesus could not have done all of His miracles without using His divine powers,
Miracles are proof that He is the Christ sent from His Father (John 10:25), but Jesus in His own words tells us that He did nothing in and of himself. Everything He did was done through His Father and in submission to His Father’s desires.

Let’s look at a few of Jesus’ own words: [italics mine]

- “I tell you the truth, the Son can do nothing by Himself; He can do only what His Father doing...” - John 5:19
- “By Myself I can do nothing...I seek not to please Myself but Him who sent Me.” - John 5:30
- “Just as the living Father sent Me and I live because of the Father, so the one who feeds on Me will live because of Me.” - John 6:57
- “My teaching is not My own. It comes from Him who sent Me.” - John 7:16
- “When you have lifted up the Son of Man, then you will know that I am the one I claim to be and that I do nothing on My own... for I always do what pleases Him.” - John 8:28-29
- “The miracles I do in My Father’s name speak for Me...” - John 10:25
- “I have shown you many great miracles from the Father...” - John 10:32
- “For I did not speak on My own accord, but the Father who sent Me commanded Me what to say and how to say it...so whatever I say is just what the Father has told Me to say...” - John 12:49-50
- “The words I am saying to you are not My own. Rather it is the Father, living in Me, who is doing His works. Believe Me when I say that I am in My Father and the Father is in Me; at least believe on the evidence of the miracles themselves.” - John 14:10
- “Now they know that everything you have given Me comes from You.” - John 17:7
- “He could not do any miracles there, except lay his hands on a few sick people and heal them. And He was amazed at their lack of faith.” - Mark 6:6 [Matt. 13:58]

Jesus, as that second Adam, in reverent submission to His Father, became a conduit of the power of His Father flowing through Him, as everything He did was done in acknowledgment of His Father’s work. In the same way, we find Jesus saying to us, “just as my Father has sent Me so send I you” (John 20:21). Just as Jesus modeled total dependence, He then told us in John 15:5, “apart from Me you too can do nothing.”

The Apostles in the Book of Acts followed Christ’s example by acknowledging every miracle as coming only from God’s working through them.

- “Men of Israel, Listen to this: Jesus of Nazareth was a man accredited by God to you by miracles, wonders and signs, which God did among you through Him as you yourselves know.” - Acts 2:22
- “Then Peter said, ‘Silver or gold I do not have, but what I have I give you. In the name of Jesus Christ of Nazareth, walk.’” - Acts 3:6
- “When Peter saw this, he said to them: ‘Men of Israel why does this surprise you? Why do you stare at us as if by our own power or godliness we had made this man walk?”’ - Acts 3:12
3. What About His Knowledge?

Didn’t Jesus know all things? Didn’t He know things before they happened? Doesn’t that prove He used His deity to live out His humanity? Not necessarily. (Could there be another answer that would preserve His full humanity?)

Eleven different times in the Gospels it said that Jesus “knew” something that others did not seem to know. On five occasions He “knew” people’s thoughts:

- But when the Pharisees heard this, they said, “It is only by Beelzebub, the prince of demons, that this fellow drives out demons.” Jesus knew their thoughts and said to them... Matt. 12:24-25

- “Now some teachers of the law were sitting there thinking to themselves, ‘Why does this fellow talk like that? He’s blaspheming! Who can forgive sins but God alone?’ Immediately Jesus knew in His spirit that this was what they were thinking in their hearts, and He said to them...” - Mark 2:6-8 (Luke 5:22)

- “The Pharisees and the teachers of the law were looking for a reason to accuse Jesus so they watched him closely to see if He would heal on the Sabbath. But Jesus knew what they were thinking and said to the man with the shriveled hand...” - Luke 6:7-8

- “Others tested Him by asking for a sign from heaven. Jesus knew their thoughts and said to them...” - Luke 11:16-17

Do these occurrences mean that He used His divinity to know their thoughts?

 Couldn’t His Father have revealed their thoughts to Him? Perhaps He sensed in the countenance of their face or the posture of their body. Doesn’t Proverbs say that the Lord takes the upright into His confidence (Proverbs 3:32)? Amos 3:7 tells us that the “Sovereign Lord does nothing without revealing His plans to His servants.” Surely the Spirit of God can give a discerning ability to know men’s hearts.

On three occasions it says that Jesus “knew what was in men” (John 2:23-24) or “knew their hypocrisy” (Mark 12:15). Couldn’t these statements be made by a mature believer who understands the Scriptural teaching about man?

On three occasions in John 13 it said that Jesus “knew the time had come (vs. 1), He “knew that the Father had placed all things under His power” (v. 3), and he “knew who was going to betray Him” (v. 11). Could this knowledge not have come through a thorough study of the scriptures coupled with a personal grasp of His Father’s plan?

On the other hand, you find the scripture telling us that Jesus “grew in wisdom and stature, in favor with God and man” (Luke 2:52). You find Jesus often speaking of His learning. “I...speak just what my Father has taught Me.” - John 8:28

“...for everything that I learned from My Father I have made known to you.”

Like any human, Jesus studied the Scriptures, grew in wisdom and allowed the Spirit to guide Him into all truth. He was not downloaded as a little baby with all biblical data. He too had to increase in wisdom and stature. (John 15:15)

In Hebrews we read that Jesus “shared in our humanity (Hebrews 2:14) and that He “had to be made like His brothers in every way” (Hebrews 2:17) ”tempted in every way, just as we are, yet was without sin” (Hebrews 4:15).

When I meditate on Christ’s full humanity, my respect for and love of the Son of Man is greatly deepened.
With new insight and profound appreciation, I realize that He learned obedience through His suffering - a suffering that began early in life and went all the way to the cross. So often I thought that Christ only suffered when He went to the cross. But when I understand that His obedience throughout life caused suffering for Him, I begin to understand what Paul means when he speaks of the "fellowship of suffering."

He was without sin in a sinful world. That pure conscience and unstained life caused Him to experience deep sorrow and pain as He ministered to people, even as a young child. He obeyed all the way to the cross, even death on the cross. When He cried out, "It is finished," He had born every type of mockery, scourging and injustice that sinful man could pour on Him. He suffered when He obeyed (Hebrews 2:18) and yet learned obedience from what He suffered, and once made perfect, He became the source of eternal salvation for all who obey Him” (Hebrews 5:8-9).

CONCLUSION #2: THE RESOURCES THAT JESUS HAD AVAILABLE TO HIM ARE THE SAME RESOURCES AVAILABLE TO YOU AND ME.

What resources did Jesus have available to Him? I would like to suggest four:

1. **The Spirit of God**
   - was conceived by the Spirit (Luke 1:35)
   - was anointed by the Spirit (Luke 4:18; Acts 10:38; Isaiah 11:1-2)
   - was filled with the Spirit (Luke 4:1, 14; John 3:34)
   - was sealed by the Spirit (John 6:27)
   - was led by the Spirit (Luke 4:1)
   - rejoiced in the Spirit (Luke 10:21)
   - was raised by the Spirit (Hebrews 9:14; Romans 8:11)

If the Living Son of God, in all his greatness, chose not to live without the constant help of the Spirit for even one moment, how can we do any less?

2. **Prayer**

Over forty times in Scripture you find that Jesus often withdrew to lonely places and prayed (Luke 5:16). It was during forty days of prayer and fasting that Jesus began His ministry (Luke 4:1-11), and while praying He ended His ministry (Luke 23: 46-47). It was while He was praying (Luke 3:21-22) that the spirit came upon Him. It was after a season of prayer that Jesus walked on the water (Matthew 14:25), chose His twelve apostles (Luke 6:12), showed compassion on a woman caught in adultery (John 8:1-10) and faced the horror of the cross (Matthew 14:36-46).

For Jesus, prayer was a source of strength to resist temptation (Matthew 26:41), a time to learn His Father’s desires (Mark 1:38) and to listen to His Father’s words (John 12:49-50).

3. **The written Word of God**

On over eighty occasions it is recorded that Jesus quoted the Old Testament scriptures, referring to seventy different Old Testament chapters. He knew the Scriptures, studied them and used them in the everyday events of life. The Word was center-stage in Jesus’ life and ministry.

In John 13, on three occasions, it says Jesus “knew” that the time had come, that the Father had put all things under His power, and who it was that was going to betray Him. Why? Because He studied the Scriptures. Jesus knew the
events before Him because He clearly studied and knew that the Scriptures must be fulfilled (Matthew 26:54,56; Mark 14:27, Luke 22:36-37; John 19:24, 28).

Jesus communicated this depth of understanding later on the Emmaus road when “beginning with Moses and all the Prophets, He explained to them what was said in all the Scriptures concerning Himself” (Luke 24:27). Later, Jesus reiterated this truth with His disciples: “This is what I told you while I was still with you; everything must be fulfilled that is written about Me in the Law of Moses, the Prophets and the Psalms” (Luke 24:44).

Jesus’ rebuke to the Pharisees was in regard to their lack of knowledge of His Word. In Matthew 12:3 Jesus said to the Pharisees, “Haven’t you read what David did...” In verse 5 Jesus continued: “Haven’t you read in the Law...” In chapter 19:4 Jesus said, “Haven’t you read that at the beginning the Creator made them male and female...” In verse 42 Jesus said, “Have you never read...” and then in Matthew 22:29, “You are in error because you do not know the Scriptures nor the power of God.”

4. Friends and family

Even though Christ’s brothers were not initially supportive, Jesus gained strength from His family and parents. Mary and Joseph were obviously a source of strength when Jesus was younger and even up until His crucifixion on the cross Jesus was concerned for Mary’s care.

Jesus’ twelve disciples were a source of great joy and sorrow at times. But in Jesus own words they moved from just followers (John 2:43), to servants (John 13:13, 16), to friends (John 15:15), and then brethren (John 20:17). Hebrews 2:11 tells us that He was not ashamed to call us His brothers.

Every aspect of Jesus’ ministry was relational. To Jesus, relationships were not a strategy. They were part of being fully human. Just as God the Father is in community in the Trinity, so God the Son established a community of brethren. In that fellowship of community Jesus drew strength from those relationships (Matt. 26:36-38) and then told us not to “give up meeting together,” and to “encourage one another” (Hebrews 10:25). The early church in Acts clearly understood this resource (Acts 2:42).

Bruce Ware, Professor of New Testament at Trinity Seminary said it this way, “So many people minimize or demean the obedience of Christ by saying, ‘of course He obeyed. He was God and had God’s nature in Him. He had no choice.’ Scripture does not let us draw this conclusion. It presents Christ as a man who faced every temptation and succeeded, not because He relied on His divine nature, but because He relied upon the Word, prayer and the Spirit. And He succeeded all the way to the cross - even to death on the cross.”

When I think about this truth my love is intensified. I thank God the Son for what He did and thank God the Father for what He has provided. The beauty of Christ’s life is that He modeled how to live life - one lived in total dependence upon the Father.

Many people conclude that we are to do what Jesus did. In a more profound way, I believe we are to live how Jesus lived. He not only modeled what to do but He modeled how to do it.

CONCLUSION #3: WE UNDERESTIMATE WHAT GOD WANTS TO DO THROUGH US.

On two occasions Jesus marveled at the great faith of two people - the Syro-Phonecian woman
and the royal official, [Matt. 8:10; 15:28]. But on seven different occasions Jesus rebuked His disciples for their lack of faith. [Matt. 6:30; 8:26; 13:58; 14:31; 16:8; 17:20; Mark 16:14] Twice He challenged them saying, “Are you so dull?” (Mark 7:18; Matt. 15:16)

Throughout the life of Christ you find Jesus challenging His disciples to trust Him for every issue in life. Listen to these verses:

- “The harvest is plentiful but the workers are few. Ask the Lord of the Harvest therefore to send out works into His harvest field.” - Matthew 10:37-38
- “Have faith in God, Jesus answered. I tell you the truth, if anyone says to this mountain, ‘Go throw yourself into the sea,’ and does not doubt in his heart but believes that what he says will happen, it will be done for him. Therefore, I tell you whatever you ask in prayer, believe that you have received it, and it will be yours.” - Mark 11:22-24

And then in the context of Jesus telling us how everything He did was done through His Father living in Him, He says:

- “I tell you the truth, anyone who has faith in Me will do what I have been doing. He will do even greater things than these, because I am going to my Father. And I will do whatever you ask in My name, so that the Son may bring glory to the Father. You may ask Me for anything in My name, and I will do it.” - John 14:12-13

And then a little while later Jesus reiterated:

- “...I tell you the truth, my Father will give you whatever you ask in My name. Until now you have not asked for anything in My name. Ask and you will receive, and your joy will be complete.” - John 16:23

In Matthew 17, a man brings to Jesus his demon-possessed son. The man said that he had asked the disciples to drive out the spirit, but they could not. Jesus, with grief in His heart said, (probably to his disciples directly) “O unbelieving and perverse generation, how long shall I stay with you? Bring the boy here to me.” Then, the disciples in private asked Jesus, “Why couldn’t we drive it out?” He replied: “Because you have so little faith. I tell you the truth, if you have faith as small as a mustard seed you can say to this mountain, ‘Move from here to there’ and it will move. Nothing will be impossible for you.”

I personally believe that the greatest grief we bring to the heart of Jesus is our lack of dependence upon Him in all areas of life. We were created not to be independent but dependent. Sin is independence. The Father calls us to a life of dependence upon Him.

Scripture says that “without faith it is impossible to please God,” and “Whatever is not of faith is sin.” These are strong statements. In His last message to His disciples in the Upper Room, six times Jesus told them to just ASK!

What are you depending upon God for in your life? As I study Christ’s life and listen to His words, my own faith and dependence upon the Father is challenged.

SUMMARY: What does it mean for Jesus to be fully human?

Jesus did not dip into His deity to live out His humanity. In reverent submission, as a sinless human (the second Adam), He obeyed all the way to the cross. He acknowledged His Father as the source of all that He did. This causes me to respect Him even more!

The resources that were available to Jesus are the resources available to you and me. Through
the Word, prayer, the Spirit and fellowship of family and friends Jesus lived that perfect life. Jesus leaned upon the resources made available to Him by His Father. This causes me to love Him even more!

We tend to underestimate what God wants to do through us. Over and over Jesus marveled at His disciples lack of faith. Six times in his last message to his disciples he told them to just “ask”. This causes me to examine my own faith!

Proverbs 3:5-6 sums up best Jesus’ true humanity which He modeled in His perfect human life: “Trust in the Lord with all your heart, lean not on your own understanding, in all your ways acknowledge Him, and He will make your paths straight.”

Works Cited


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Concentric is a global alliance of ministries that provide Biblical leadership equipping based on Jesus’ model and strategy.

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